

My list of 2010 New Year's Resolutions/Goals

Do you want to lose weight, quit smoking, stop caffeine, start a business, exercise more, watch less TV, and/or connect more with family? Create a list of resolutions or goals for 2010! One suggestion: get an accountability buddy to help you pursue your goals.

	Goal for 2010	Action(s) to take
1.	Finish writing my first book by the end of 2010	<ul style="list-style-type: none"> • Map out chapters and main focus of book (by Jan 31) • Do research on self-publishing websites (by Jan 31) • Join online group – Self Publishing Made Easy (by Feb 15) • Complete writer's workshop at the New School (by Feb 28). • Finish rough draft for review (by Mar 31).
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	Goal for 2010	Action(s) to take
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Remember **email me your completed sheet by Friday, January 29, 2010** to set up a *FREE NO OBLIGATION complimentary consultation.*